

Motionhouse

NOBODY

A DANCE-CIRCUS ADVENTURE



Images by Dan Tucker

Visual Story

Nobody:

A dance-circus show by Motionhouse.



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**ARTS COUNCIL
ENGLAND**



University of
Kent

mac
Midlands Arts Centre



**DANCE
HUB**
BIRMINGHAM



Nobody: What to expect



In this relaxed performance of Nobody

You can:

- wear headphones
- talk to each other or make noises
- come and go
- move around



It may be busy

Nobody is a theatre performance.

It may be busy and noisy in the building and auditorium. There will be staff around to direct you and to keep everyone safe.



1 hour 55 minutes

Interval

20 Minutes

Nobody is about 1 hour 55 minutes long, including a 20 minute interval.

There is music playing all the way through. Sometimes the music can be loud. There are times when the performers will talk. There will be times when people will clap. You do not have to join in with the clapping if you do not want to.

The interval will last 20 minutes.

In the interval you can:

- go to the toilet
- get a drink or a snack
- go outside for some fresh air
- move around



All ages

Nobody is a dance-circus show.

It is suitable for people aged 7 and over.

About Nobody



Synopsis

Nobody is about how we feel inside and how we make sense of the world around us.

You follow seven characters on their journey of self-discovery to find strength and support in each other.

Each character plays 2 parts, a human and a crow.

The humans work together to find out who they truly are. The crows question the human's every move. The crows represent the voice in our head.

There are 2 parts, with a break (interval) in between.

There are lots of moving projections in the show. These can be seen on the back of the stage and on the objects on stage.

Nobody: Content and trigger warnings



Sometimes the music can be loud. You can wear ear protectors or put your hands over your ears if you would like.

Sometimes the performers will talk directly to the audience, but there is no audience participation. You do not need to reply to questions and will not be asked to enter the performance space.



The performers climb on objects or on each other's shoulders, and sometimes they fall from high up. It can look scary but don't worry, this is part of the performance!

Meet our Rehearsal Director and Dancers

Here are some pictures of our Rehearsal Director and Dancers so you can get to know them. Only 7 of them will be in the performance you see today.



Rehearsal Director
Junior Cunningham



Nana
Appiah



Alex De
La Bastide



Olly Bell



Llewelyn
Brown



Berta
Contijoch



Chris
Knight



Daniel
Massarella



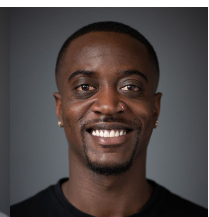
Beth
Pattison



Shannon
Kate Platt



Joel Pradas
Reguill



Rikkai
Scott

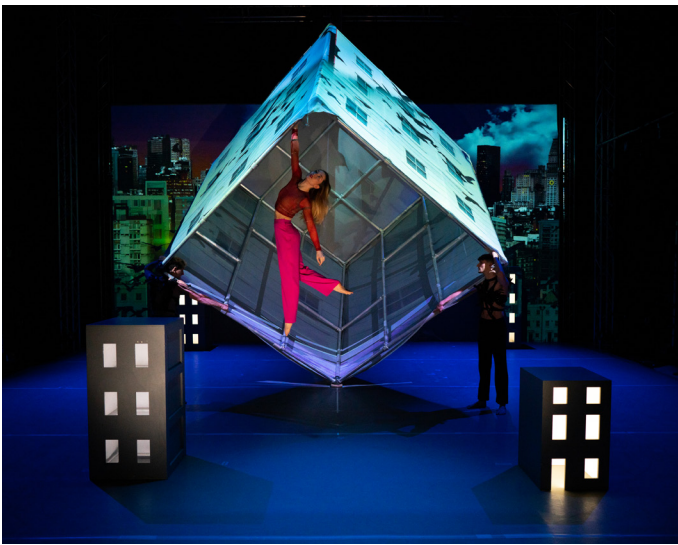
Nobody Visual Story

Act 1



Section 1

At the beginning, 7 dancers dressed in crow costumes dance around the stage. They climb on and jump off the grey boxes that look like buildings. 2 dancers climb on each others shoulders and fall sideways. The other dancers catch them.



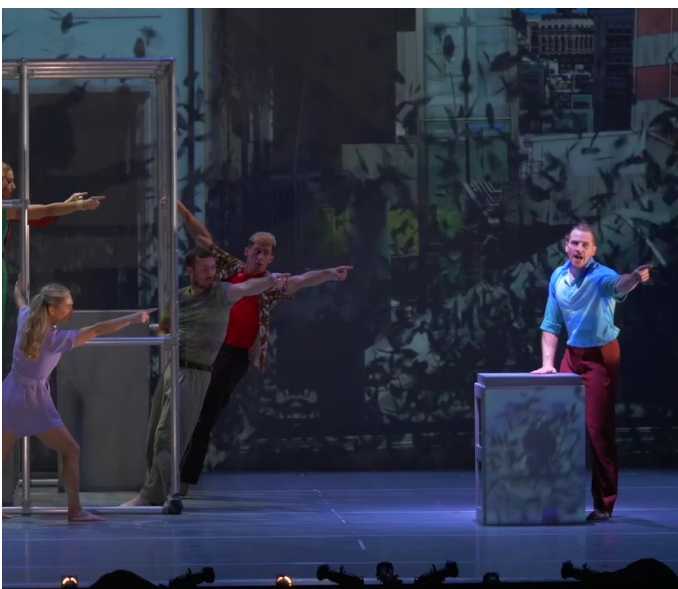
Section 2

There is a big box on the stage. The moving pictures at the back show a house on the box. The dancers dressed as crows move the box so it balances on a corner. They move around so the house rotates. There is a dancer inside. She hangs with one arm from the top corner of the box.



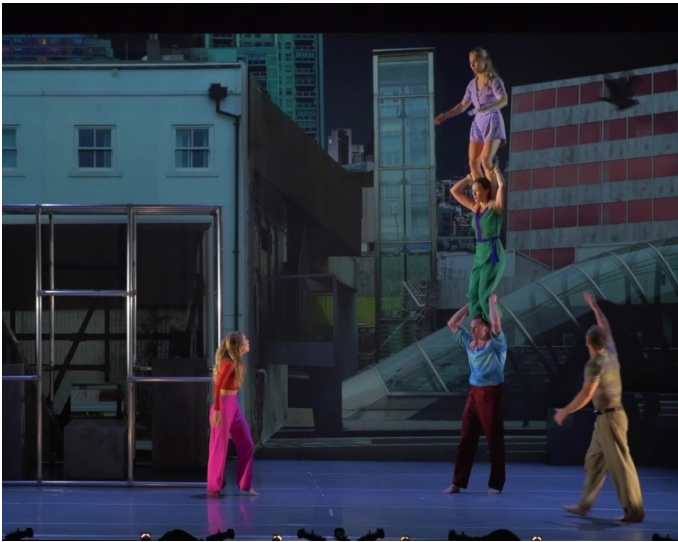
Section 3

In this section, 2 dancers perform together. One is a crow and one is a human. The crow lifts the human.



Section 4

The material on the box is removed and shows a cage underneath. The dancers talk and shout to each other in this section. One of the dancers talks to the audience. You don't have to answer him. He slaps his hands down and the screen at the back shows lots of black feathers rising up. He seems quite cross, but he is only pretending!



Section 5

The dancers move around the stage a lot and there are different images shown on objects around the stage.

At one point, 3 people are stood on top of each other. They fall to the ground and the lights go dark. Don't worry, the dancers have practiced this and they are okay.



Section 6

The dancers move together. A big picture of 2 crows appear at the back. The dancers lift each other and swing on the cage. Some of the dancers seem quite cross, but they are only pretending.



Section 7

In this section, 2 dancers perform together. One is a crow and one is a human. The crow lifts the human.



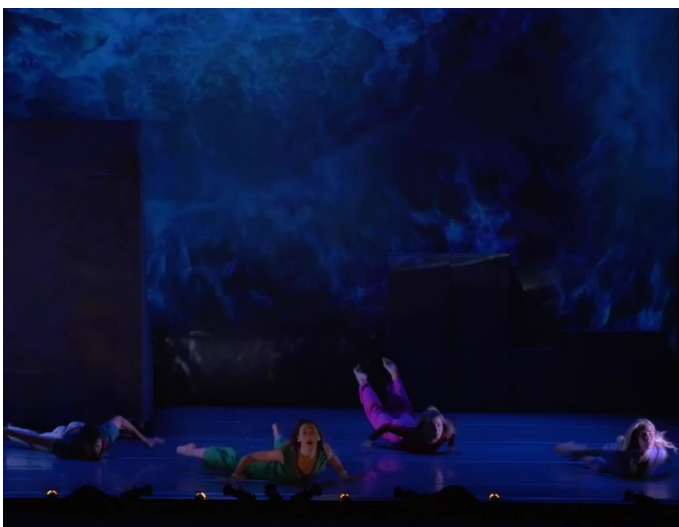
Section 8

In this section, 2 dancers perform as a human and the rest are crows. The crows move the cage and it tips from side to side. The human characters look upset but they are just pretending.



Section 9

This section shows a party scene. The material is put back on the cage to make a box. One dancer can be seen inside the box. Other dancers join him from outside the box. They ignore him. A video of water rising can be seen on the box. The dancer inside looks as though he is drowning. Don't worry, he is just pretending and the water is not real.



Section 10

The water that you can see at the back, looks like it washes onto the stage. Dancers dressed in their human costumes slide onto the stage. 2 dancers shout and talk to each other as they dance around and lift each other up.



Section 11

In this section, a dancer in a crow costume pushes a small box on to the stage. He turns the box around and there is a dancer inside. The 2 dancers perform together.



Section 12

This is the last section in the first part of Nobody. The dancer moves backwards and the house slowly lowers down on top of her. Don't worry, she is okay.

Nobody Visual Story

Act 2



Section 1

The second part starts with a moving image of water. There is a large piece of material. There are holes in the material where the dancers come out of. As they move, the material moves. Sometimes they go underneath the material.



One by one, the dancers go under the material so that you can't see them. One of the dancers climbs up and stands on top of the box. Another dancer is lifted up and the material looks like a long skirt. She reaches towards the dancer on top of the box.



Section 2

The dancer standing on top of the box falls through and pulls the box down with her. Don't worry, she is okay. You can't see, but someone is there to catch her! The cage is revealed again.



Section 3

Dancers come out from under the cage. One dancer climbs on and over the other dancers. They move around the cage.

One dancer stands on top of the cage and falls off. Don't worry, she is meant to do this and the other dancers catch her.



Section 4

There are a lot of big lifts and jumps in this section. The dancers lift each other up and they throw each other.

At one point they all help each other climb over the cage.



Section 5

In this section, the dancers reach down and pull another dancer out from under the cage. The cage tips forward and 2 of the dancers reach the ground.



Section 6

There are more big lifts and jumps in this section.

They come together and dance the same movements and they look out to the audience.



End

At the end, people will clap and they might cheer. You don't have to join in with the clapping if you don't want to. You can cover your ears if you would like. The dancers will come back on stage to take a bow.