



# PLAYHOUSE PLAYPACK

#02

**Nottingham  
Playhouse**



# All about Me

My Name is

my signature is

Have some  
fun creating  
a swirly  
signature!

I love eating...

If I was an animal  
I would be

...makes me laugh!

When I grow up  
I want to be...

My superhero power  
would be...

...is my favourite  
fictional character.

# Make a Self Portrait!

Make a Self Portrait using only your favourite colour!

1. Decide what your favourite colour is!
2. Draw your face shape on the paper. Add your eyes, nose, mouth, ears, hair and don't forget your eyebrows!
3. Add paint/crayon/magazine cut outs of your chosen colour to your face.
4. Remember that you can use lighter and darker versions of your colour.
5. Create patterns in the gaps around your face in whatever way you choose!



Here's an example from one of our readers! Can you work out what their favourite colour is?

We would love to see your portraits online:

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# What am I?

Make a guessing riddle about something you can see from your home - out of the window or inside!

I am tall

I grow lots of leaves

I am in the park

I am a place that birds build their nests

What am I?

*Answer: A tree!*



Try guessing what this poem is about:

I am a milk licker

A purring purrer

A lazy stretcher

A coat cleaner

What am I?

*Answer: A Cat!*

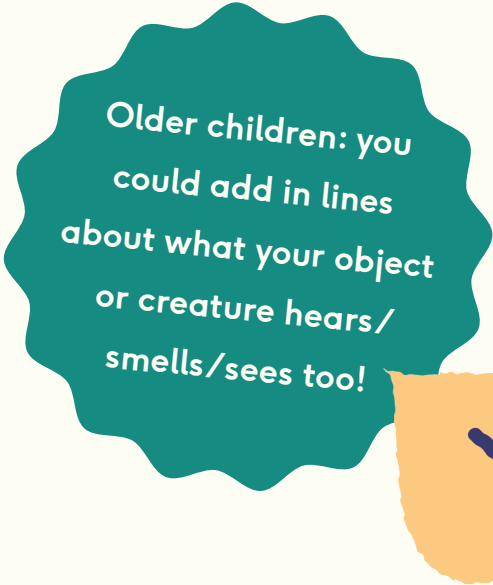


Now try to make your own.  
Don't mention the thing you are writing about.

Then see if your family can guess!

We would love to hear  
your ideas online:

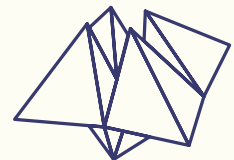
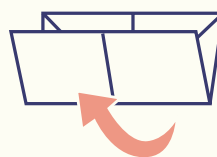
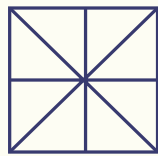
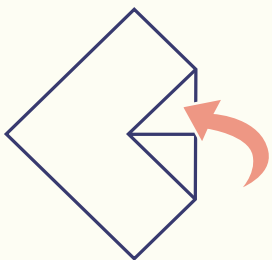
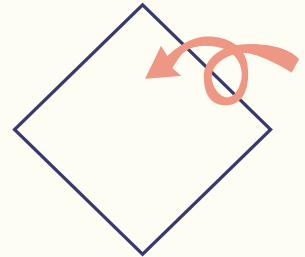
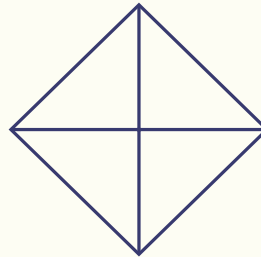
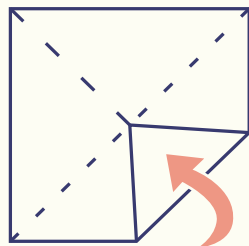
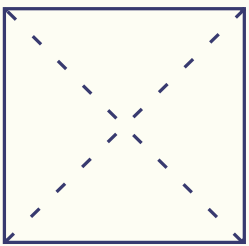
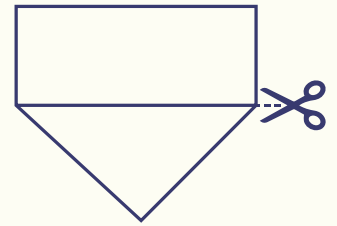
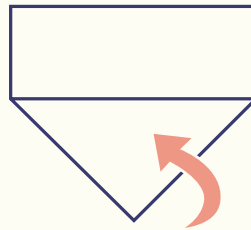
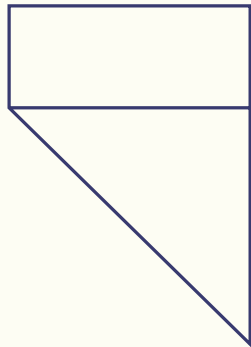
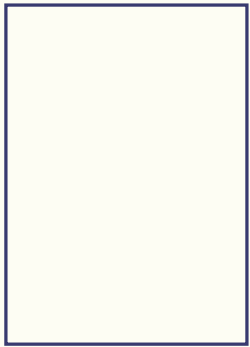
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Older children: you  
could add in lines  
about what your object  
or creature hears/  
smells/sees too!

# Create a Chatterbox

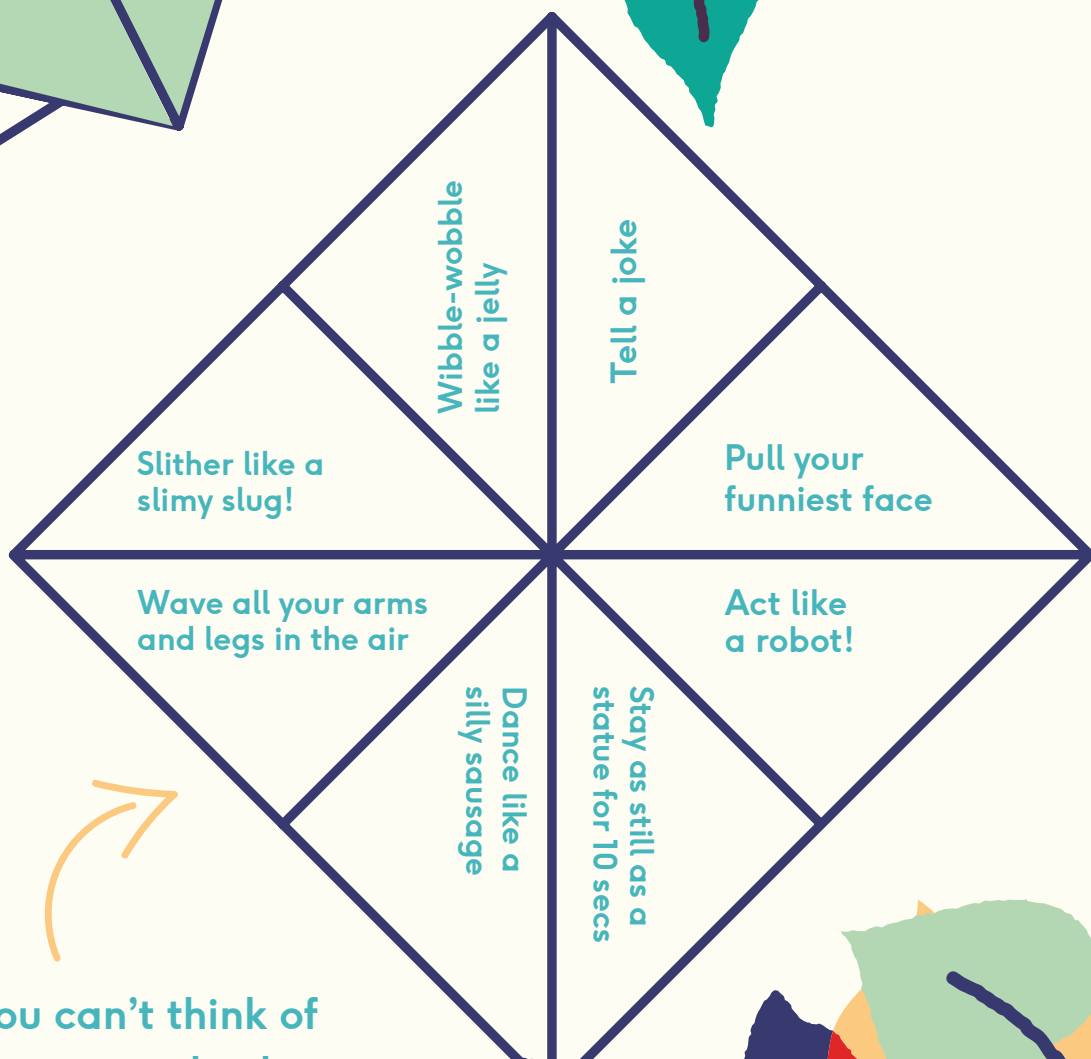
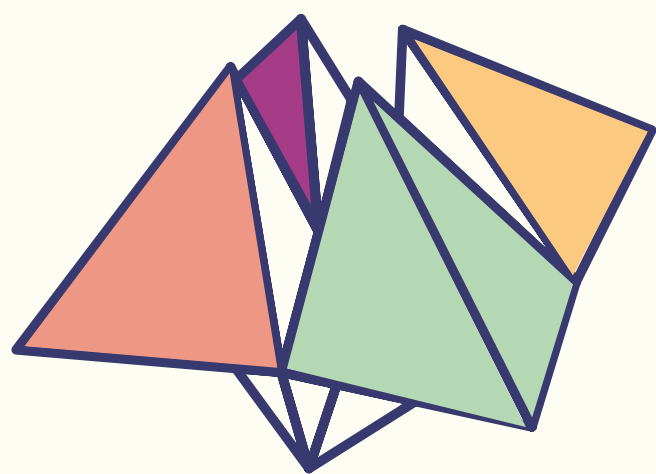
Follow along with these steps to make your chatterbox!



Younger children: ask a grown-up or older sibling to help with the folding.

# Make a Game

Now put colours on the first stage, numbers on the second stage and drama-related tasks on the third!



If you can't think of your own tasks then use some of these!

# Make a Puppet

You can also turn your chatterbox into a puppet!

1. Glue two of your quarters together, then the opposite two corners too, making a mouth that can open and close.

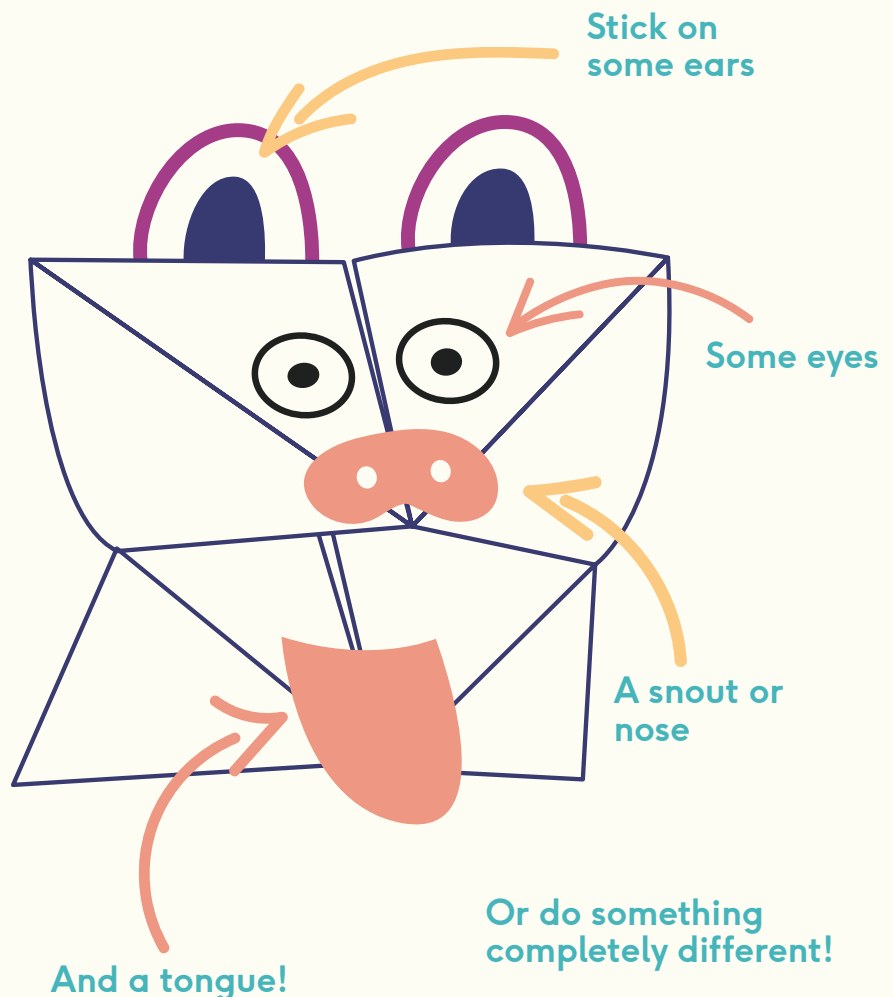
## You will need

Your chatterbox  
Glue  
Tape  
Decorations  
Paint/pens/pencils  
Scissors (ask an adult)

2. Choose a character from your favourite story or book.

3. Decorate your chatterbox as that character using pens/paints or coloured pencils

4. Use glue or tape to add hair, ears and teeth if you wish!





# Theatre Show

We are now going to create a backdrop for your puppet.

1. Use a big sheet of paper to draw your puppet's scene.

2. Act out your story using your puppet!

OR

Can you colour in the A4 backdrop included in your playpack?

You could add leaves/apples/blossom to the tree.

Perhaps draw some flowers/sunshine/a rainbow onto the picture?

## What is a Backdrop?

A huge picture that hangs at the back of the stage. It shows the place where the scene is taking place.



Designed by one of our freelance team, Jazzmine Augustin.

Older children: Why not create a few different backdrops and a few different characters so that you can make a whole play with different scenes.





# Growing place

Growing your own food at home is easy - you don't even need seeds, or a plant pot!

## Plant pot making

You can make plant pots out of lots of things, the trick is to make sure the pot is watertight and has some drain holes. You can do this by cutting the bottom off plastic milk bottles/juice cartons, or using yoghurt pots.


Make sure you ask an adult for help with scissors watch out for sharp edges!



We are reusing some bits of rubbish and giving it a new purpose. We need to try and re-use things and not throw lots away to help protect our environment.

### You will need

Juice carton  
Old bits of veg  
Scissors (Ask an adult)  
Empty tins/ Milk bottle  
Water



## Veg regrowing

Did you know you can regrow vegetables from things like carrot tops, spring onions roots, and romaine lettuce stumps?

Simply put them in some water in a bowl until they start to grow a little bit, then transfer into your homemade pot along with some soil.

Remember to check on them daily to see if they need more water!

For more eco-friendly activities  
visit [greenhustle.co.uk](https://greenhustle.co.uk)

# Calming the Tiger

We sometimes feel angry or frustrated and want to growl like a tiger!

These feelings are normal, but it's good to have some ideas for how to feel better.

What calms the tiger in you?

What helps your worrying feelings?

Ask a grown-up what helps them.

Create a poster for your calming corner with your own ideas.

Take 3 deep breaths...

Stretch and curl my body

Read a book

Hug a teddy or a person

Have a drink or a snack

Here are a few ideas to get you started. Could you draw pictures to help remind you what to do to help you feel calm when you are cross?



# Other faces

Acting involves pretending to be someone else.

1. Choose a famous nursery rhyme that you know well. 'Twinkle, Twinkle Little Star' or 'Humpty Dumpty' are good ones.

2. Actors always have to rehearse. Start by practising speaking clearly and loudly, imagining you have a big audience in front of you!

3. Now rehearse the nursery rhyme, but as different characters! Use your voice, body and face to bring the characters to life. How will they move and speak differently?

4. Try it as a strict teacher, a superhero, or even as a performing clown!

Try finding or making costume items at home (like a towel tucked into the back of your top as a cape, for instance) and ask a grown-up to film you on a mobile phone!

We would love to see  
your films online:

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This is our second Nottingham Playhouse PlayPack, so we would love to know what you think.

Use 3 words to describe your PlayPack

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Circle the face that reflects your feelings about this PlayPack



Would it be ok to contact you for more feedback? Yes/No

If yes, please let us know your email address and we will be in touch. We will only use your details for this purpose.

Your Email -----

You can email this slip to us by taking a picture or send us your thoughts at:

[participation@nottinghamplayhouse.co.uk](mailto:participation@nottinghamplayhouse.co.uk)